

# Arts-based Research and Creative Research Methodologies

with Dr. Sarah Sartori, Maynooth University, Ireland

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My name is Sarah (Meaney) Sartori, and I am a creative educator, arts-based researcher, and consultant based in Maynooth University in Ireland. I use participatory methodologies such as peer-research and creative methodologies like film, poetry and Photovoice, to amplify participant voice and to bring research back into the community. I am looking forward to visiting Uppsala University and sharing some examples of my work, which I hope might be useful and adaptable to your own research, work, studies or practice.

This interactive lecture will explore a range of participatory arts-based research and creative methodologies I have used in my work with LGBTI+ Traveller and Roma, refugees and people in prison, for the purpose of equality and inclusion. Some examples of the projects that will be showcased in the lecture are detailed below.

- **'Unveiling Inequality'** was a peer-research project to explore the issues of exclusion and mental health for LGBTI+ Irish Travellers and Roma. I used arts-based methodologies such as Photovoice and transcript poetry in the final [report](#) to help participants and communities more broadly, engage with the research findings.



- The **'We are here, HEAR Project'** is an outdoor touring Photovoice exhibition and cultural awareness training programme, that was developed and designed in consultation with people who have come through the refugee and protection process in Ireland. The project is part of a peer-to-peer participatory action research project that engaged with 104 refugees and people in the protection process in Ireland around their experience of trying to access higher education. A public engagement video, **'Deconstructed'** with Nigerian-Irish spoken word artist Felispeaks and award-winning Nigerian-Irish dancer Mufutau Yusuf, accompanies the full [report](#) to take the work into the public arena.



- **The Story Exchange** brought together prisoners and university students in Ireland's largest prison, for a series of peer-to-peer empathy-building workshops. Participants worked together to contribute to an [animation](#) communicating the project. The project was commended by the President of Ireland and led to the project being selected for a television series called [Changemakers](#) that showcases *'transformative research-led projects.'*

